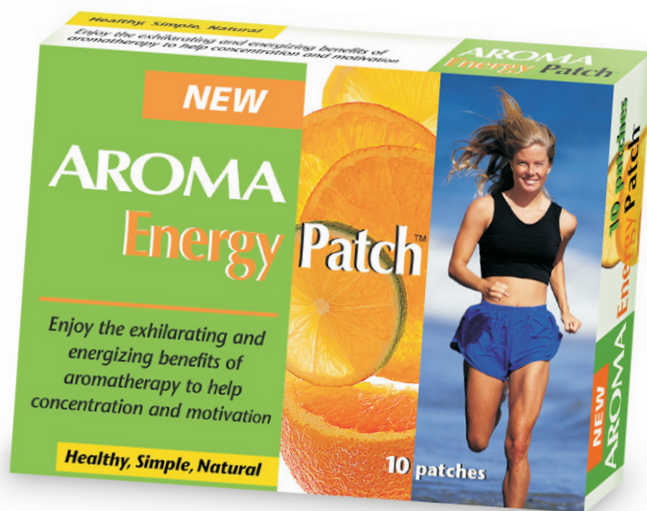


# AROMA EnergyPatch™

Healthy  
Simple  
Natural!

Enjoy the exhilarating  
and energizing  
benefits of  
aromatherapy  
to help  
concentration  
and motivation



## The power to energize mind and body

### HOW TO USE THE PATCHES

Using the AROMA Energy Patch™ is simple. Take a fresh patch, peel off the backing and apply it to either the inside of your wrist or wherever it is easy to smell.

Make sure that your arm is clean, dry and free from body lotion. Do not immerse the patch in water. If the patch gets wet, simply replace it with a fresh one. Smell the aroma throughout the day especially when you need a boost.

### HOW THE AROMA ENERGYPATCH™ WORKS

Essential oils are very versatile and can be used in a variety of ways both for their scent and for their cosmetic and medicinal qualities. One of the simpler ways to experience aromatherapy is through inhalation, which impacts mood and emotion. Because our sense of smell is directly linked to the part of the brain that controls emotion and memory, inhaling essential oils can be very beneficial.